

ENDERMOLOGIE AND AESTHETIC PHLEBOLOGY

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Heavy pathologies such as Deep Venous Thrombosis, complicated varicosis, trophic troubles and lymphedema represent a small part of the phlebologic activity. 55% of the visit to the phlebologist are of aesthetic nature. For 89% of French women, the aesthetic aspect of their legs is very important. Most of them expect from the phlebologist a treatment of their disgrace. Varicosis, pigmentation problems, cellulite and water retention are common situations met in phlebology. Cellulite is an extremely common progressive female disease with multiple causes. Beyond the genetic component, circulatory, hormonal, muscular and food unbalances as well as stress lead to cellular dysfunctions responsible for adiposis, fibrosis and water retention, the 3 components of cellulite. A liposcore specific of each type of cellulite can be calculated from those 3 parameters.

Endermologie shows a clinical efficacy in cellulite, linked with well documented circulatory, dermatrophic and anti-fibrosis properties (34 publications and 78 communications indexed at this time). Besides, we also have participated to demonstrate the effect of Endermologie on drainage and fibrosis. A study carried out on 12 patients affected with chronic hypodermatitis of lower limbs and treated with 12 sessions of Endermologie showed an improvement of cutaneous fibrosis to palpation as well as a functional venous improvement measured by plethysmography. In conclusion, the LPG Technique became a major tool in phlebology practice because it treats fibrosis, water retention and lipodystrophy.