

Pelvi-perineal statics

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Abstract: Since the last thirty years, genito-urinary pathology represents a very important problem concerning the treatment of women with prolapse or urinary incontinence. At this time, it appears much more logical to talk about pelvi-perineal pathologies. The perineology (pelvi – perineology) covers in fact a group of pathologies: disorders of pelvic static; disorders of the urinary and/or anal continence; vulvo-vaginal disorders; sexual problems. The pelvi-perineal static depends on the ligamentous system which maintain organs in place, but also on the pelvic floor muscles. This static also depends on the spinal static and the pelvis position. The treatment of pelvi-perineal pathologies is multiple and complex. It often requires a multidisciplinary approach: Classical hormonal treatments, Phyto-hormones, hormonal and non-hormonal local treatments, rehabilitation procedures which concern both pelvi-perineal treatment and global and dynamic approach of spinal and pelvic static. New rehabilitation techniques (HUBER®) allow placing women in the activities of daily life (effort, walks, physical activities) and at the same time, to realize a postural pelvic training. This rehabilitation is essential in pre or post surgery.